

Many young people today are too worried about the way they look and this causes them problems. Do you agree or disagree?

What is the situation in your country?

Being fit like an athlete or as beautiful as some celebrities is a widespread desire among the youth. Some are of the view that acting on this desire, though, may be detrimental to them in many aspects, which I subscribe to and I subscribe to this view.

When people are obsessed with their appearance and its improvement, there are many dangers awaiting them if they are not completely alert. Many advertisements are there to allure them to what seems like a magic trick to make them look better irrespective of its consequences. Millions of people around the world are drawn to unnecessary nose jobs, hair plants, or diet pills and creams yearly to feel attractive, but not all of them are successful or painless and many end up in more dissatisfaction or fatality.

Other than that, being heavily concerned with their looks, the youth are less likely to succeed in other aspects of their lives like improving their career prospect or learning practical skills or developing their spiritual traits due to their lack of time and energy to spend in these areas that contribute to a better future in their personal and career lives which consequently adds more self-confidence to their personalities.

My country, Iran, is no exception, and body and face surgeries are quite prevalent among people, especially the younger ones. I believe the amount of money spent on cosmetics or beauty surgeries has increased in recent years, and even many world-level celebrities choose my country as their destination when they want to travel for having some beauty surgeries due to the high competency of surgeons in Iran.

In conclusion, being profoundly concerned with their appearance, young people harm themselves by involving in unnecessary massive surgeries or adopting unhealthy diets and lessen their chances of building a better career by putting setting their looks at as their priority.